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Alternative Titles: Canadian continental shield, Canadian-Greenland Shield, Laurentian Shield, Precambrian Shield

Canadian Shield, one of the world's largest geologic [continental shields](#), centred on [Hudson Bay](#) and extending for 8 million square km (3 million square miles) over

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The Canadian Shield constitutes the largest mass of exposed Precambrian rock on the face of Earth. The region, as a whole, is composed of ancient crystalline rocks whose complex structure attests to a long history of uplift and depression, mountain building (orogeny), and erosion. Some of the ancient mountain ranges can still be recognized as a ridge or belt of hills, but the present appearance of the physical landscape of the Canadian Shield is not so much a

result of the folding and faulting and compression of the rocks millions of years ago as it is the work of ice in relatively recent geologic time. During the Pleistocene Epoch (2.6 million to 11,700 years ago), the vast continental glaciers that covered northern North America had this region as a centre. The ice, in moving to the south, scraped the land bare of its overlying mantle of weathered rock. Some of this material was deposited on the shield when the ice melted, but the bulk of it was carried southward to be deposited south and southwest of the Canadian Shield.



Canadian Shield

Map depicting the extent of the Canadian Shield in North

America. The Canadian Shield constitutes the largest mass of exposed Precambrian rock on the face of Earth.

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The resulting surface consists of rocky, ice-smoothed hills with an average relief of 30 metres (100 feet), together with irregular basins, which are mostly filled by [lakes](#) or [swamps](#). In places the old mountain ranges may be recognized by hills several hundreds of metres in height. The northeastern portion, however, became tilted up so that, in northern [Labrador](#) and [Baffin Island](#), the land rises to more than 1,500 metres (5,000 feet) above [sea level](#).

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This article was most recently revised and updated by Adam Augustyn, Managing Editor, Reference Content.

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